

Nutrition Education for Food Service Managers and Teachers on the Web

These are websites that supply reliable nutrition information that can be used for developing fun classroom or lunchroom activities!

USDA Food and Nutrition Information Center-information on the food guide pyramid, dietary guidelines, and additional resources.

<http://www.nal.usda.gov/fnic/>

Food and Nutrition Resources for Teachers

<http://www.nal.usda.gov/fnic/educators.html>

The American School Food Service Association

<http://www.asfsa.org>

<http://www.asfsa.org/newsroom/sfsnews/esteachers.asp>- Developing Alliances with Teachers

USDA Team Nutrition

<http://www.fns.usda.gov/tn/Healthy/index.htm>-USDA has launched an effort to foster healthy school nutrition environments that support healthy eating and physical activity.

KidsHealth provides families with accurate, up-to-date, and jargon-free health information they can use. Learn about food, fitness, and fun!

http://www.kidshealth.org/kid/stay_healthy/

National Food Service Management Institute- provides information and services that promote the continuous improvement of Child Nutrition Programs.

<http://www.olemiss.edu/depts/nfsmi/Information/Services.html>

Tufts University Nutrition Navigator - website designed to help you sort through the large volume of nutrition information on the Internet and find accurate, useful nutrition information you can trust.

<http://navigator.tufts.edu>

American Dietetic Association- nutrition resources and daily tips

<http://www.eatright.org/nuresources.html>